References for Ryan Lowe Podcast

The Therapeutic Consultants

<https://www.therapeuticconsultants.co.uk>

Links to Ryan Lowe’s Videos

<https://www.youtube.com/channel/UCpOVC2rpO2WDSNJqJnyYiJg/videos>

The Tavistock Child Psychotherapy Training

<https://tavistockandportman.nhs.uk/training/courses/child-and-adolescent-psychotherapy-m80/>

Articles:

**On Containment: Wilfrid Bion**

Bion, W.R. ‘A theory of thinking’ in *Second Thoughts*: Heinemann, 1967.

**Selma Fraiberg on the generational inheritance of trauma**

Fraiberg, S., Allison, E. and Shapiro, V. (1975). Ghosts in the Nursery: A psychoanalytic approach to the problems of impaired infant-mother relationships. *Journal of American Academy* *of Child Psychiatry*, 14 (3): 387-421.