

ASSOCIATION OF CHILD AND FAMILY DEVELOPMENT AND PSYCHODYNAMIC COUNSELLING ANNUAL CONFERENCE 2017

NAVIGATING THE DIGITAL LIVES OF CHILDREN AND ADOLESCENTS: REFRAMING RESILIENCE

Wednesday 23rd August 2017, 1.00 – 5.00pm

The University of Melbourne Hawthorn Campus, 442 Auburn Road Hawthorn Vic. 3122 (Melways 59 E2)

KEYNOTE SPEAKER: **ROBYN TREYVAUD**

In current editions of the Oxford Junior Dictionary the words acorn, beach, bluebell and conifer have been replaced by attachment, blog, broadband and celebrity... evidence that the landscape for children to explore and make sense of their world has changed dramatically.

Between 1970 and 2010 the play space for children shrank by 90%; in more recent times screen time has increased while in one recent study 7/10 children could identify a dalek but only 3/10 could identify a magpie.

The shrinking horizons of children are symptomatic of their increased access to mobile digital devices with the indoor entertainment that they provide, time poor parents and their fears, justified or otherwise for the safety of their children in an outdoor environment.



What has evolved over time since children access the Internet at younger ages is the belief of parents that their children must be safe because they're at home and in their bedrooms where they can be fully protected from modern day risks.

Children have the right and responsibility to feel and be safe in both online and offline spaces. This

includes physical, psychological and content safety as well as a growing awareness of responsibility to self and others in all that they do and say.

Robyn will discuss the issues associated with keeping children and young people safe online which is more than keeping them under control, nor paralysing them or their families with fear.

It requires open and ongoing conversations with significant adults in their lives about the risks they face, strategies and skills in dealing with them and most importantly the need for resilience so that they may be engaged, reflective and thoughtful citizens in their digital worlds.

ROBYN TREYVAUD

Robyn is an internationally-recognised expert in online safety and digital citizenship. As the Founder of Cyber Safe Kids, Robyn has established a global organisation and network that assists educators, school and local communities in understanding and overcoming the challenges of the digital world.

While initially starting her career in education, Robyn's transition into consulting has led her to become a trusted advisor to the media, industry and governments in Australia based on her research and findings in schools around Australia and Asia. She continues to work with public and private sectors providing new approaches and resources to support a strategic, sustainable approach to digital citizenship and resilience.

<http://www.cybersafekids.com.au/>

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This conference May be Claimed for Professional Development Points

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